

Activities held in June, 2022

DATE	ACTIVITY	MEDIA LINKS
01.06.2022	Ms Pedasingu Sharmila Devi, visiting Yoga expert from Dev Sanskriti Vishwavidyalaya, India (DSVV) conducted Open Yoga Master class on "Yoga practices for back pain and Arthritis" at the Shakti Yoga studio at the Life Fitness Astana led by Ms. Vidya Volkova, well-known Local Yoga expert in Kazakhstan	https://www.instagram.com/p/CeLSSltFulW/ https://www.instagram.com/p/CeLzrZXMjD8/
01.06.2022	Ms Bharti Thakur, visiting Yoga expert from DSVV conducted Open Yoga Master class at the Rudnyi city of KOSTANAY region for the Yoga group of 12 practitioners	https://www.instagram.com/p/CeG48iog3xJ/ https://www.instagram.com/p/CeRV5LVghgL/
01.06.2022	Ms Pedasingu Sharmila Devi, visiting Yoga expert from DSVV conducted Open Yoga Master class on "Yoga practices for back pain and Arthritis" at the Shakti Yoga studio at the Life Fitness Astana led by Ms. Vidya Volkova, well-known Local Yoga expert in Kazakhstan	https://www.instagram.com/p/CeLSSltFulW/ https://www.instagram.com/p/CeLzrZXMjD8/
01.06.2022	Ms Pedasingu Sharmila Devi, visiting Yoga expert from DSVV conducted Open Yoga Workshop for Advance Yoga practices at the SVCC premises	https://www.instagram.com/p/CeS16sNuiDj/
01.06.2022	Ms Bharti Thakur, visiting Yoga expert from DSVV conducted Open Yoga Master class at the Rehabilitation Center for the Disabled persons in KOSTANAY city. She conducted a short master class on proper breathing and Pranayama techniques.	https://www.instagram.com/p/CeS6OQN0dO1/
02.06.2022	Ms Pedasingu Sharmila Devi, visiting Yoga expert from DSVV conducted Open Yoga Master class on "Surya Namaskar and Pragy Yoga Vyayam for holistic health" at the "Avitsenna" yoga studio	https://www.instagram.com/p/CeSIM_8ImPD/ https://www.instagram.com/p/CeOq-F-MpcS/ https://www.instagram.com/p/CeVSOiwswtQ/
02.06.2022	Ms. Pedasingu Sharmila Devi, visiting Yoga expert from DSVV conducted Open Yoga Master class on "Preliminary Yogic Practices - "Pawanmuktasana Series" at the "EIVA" yoga studio in Nur-Sultan city	https://www.instagram.com/p/CeL39j7M5jX/ https://www.instagram.com/p/CeVUsOxMoNt/
02.06.2022	Inauguration of the bust of famous Kazakh poet and Philosopher Abay Kunanbaiuly in NEW DELHI	https://www.gov.kz/memleket/entities/mfa-delhi/press/news/details/382375?lang=en&fbclid=IwAR1th9Fnfj94JWfcNVZhpTmPEuFOhgEVuo8EDDg9tJqPm1iqRiX1AoCEnCg
03.06.2022	Ms Bharti Thakur, visiting Yoga expert from DSVV conducted Open Yoga Master class at the "Center for Supporting Children in Difficult Life Situations" (orphanage) in Kostanay city.	https://www.instagram.com/p/CeWe80eLh5P/
03.06.2022	Ms. Pedasingu Sharmila Devi, visiting Yoga expert from DSVV conducted Open Yoga Master class on "Yoga for Disabled Persons" at the ParaOlympic Training Centre in NUR-SULTAN city	https://www.instagram.com/p/CeWgBKPrCqN/
03.06.2022	Ms Pedasingu Sharmila Devi, visiting Yoga expert from DSVV conducted "Open Yoga workshop for self-assurance and core strength" at the Yoga Room Astana in NUR-SULTAN city	https://www.instagram.com/p/CeWhi_hLsP6/
03.06.2022	Ms. Bharti Thakur, visiting Yoga expert from DSVV conducted Open Yoga Master class at the "AYUMI dance studio" in Aisultan art school in KOSTANAY city.	https://www.instagram.com/p/CeYdvV9L8RB/
03.06.2022	Ms. Bharti Thakur, visiting Yoga expert from DSVV conducted Yoga Master class at the "OM Yoga studio" in TOBYL city, Kostanay region.	https://www.instagram.com/p/CeYq21oMzYn/
04.06.2022	Ms. Bharti Thakur, visiting Yoga expert from DSVV conducted Yoga Master class at the Yoga studio led by Ms. Irina Stulova in ZHITIKARA city, Kostanay region	https://www.instagram.com/p/CeYr0EcsUvT/ https://www.instagram.com/p/CeYsfkZsZgF/
04.06.2022	Children's Day Celebration - SVCC presented Indian dance and music at the School-LYCEUM No.66 on the occasion of celebration of the "Children's Year-2022" in Kazakhstan	https://www.instagram.com/p/CeZDytlLIZD/

05.06.2022	19@Series of Yoga Workshops celebrating at KOSTANAY by Ms. Bharti Thakur on Yoga for Students of Shakti Dance Studio led by Ms. Ainur Uteshova	https://www.instagram.com/p/CecpJhyoKIF/
05.06.2022	20@Series of Yoga Workshops at AKTAU by Ms. Pedasingu Sharmila Devi on Yoga for Advance practitioners at the "Salem-Namaste" Indian Ethno-Cultural Association in Mangystau Region.	https://www.instagram.com/p/CecpZqCoQD3/
05.06.2022	21@Series of Yoga Workshops at KOSTANAY by Ms. Bharti Thakur on Yoga for Sportsperson with Stretching with Teacher for Gymnastics.	https://www.instagram.com/p/Cecq79uo5vG/
06.06.2022	22@Series of Yoga at AKTAU by Ms. Sharmila Devi Pedasingu for 88 practitioners at the Sea Front of Caspian Sea in collaboration with "Salem-Namaste" Indian Ethno-Cultural Association in Mangystau Region.	https://www.instagram.com/p/CefOSdIkf7P/
06.06.2022	Interview with Ms. Bharti Thakur, Yoga expert from Dev Sanskriti Vishwavidyalaya during her visit to Kostanay region to local TV channel QOSTANAY TV channel "Tobyl Tynsny" programme	https://www.instagram.com/p/CedaQYEI5GY/ https://www.instagram.com/p/CeeGSQ3Aen2/
06.06.2022	Celebration of 348th "CORONATION DAY" of CHHATRAPATI SHIVAJI MAHARAJ at SVCC, NUR-SULTAN. The event commenced with Flower tribute to the Photo of Chhatrapati Shivaji Maharaj, welcome address by Mr. Digvijay Singh Patil, Second Secretary of the Embassy. Programme followed by SVCC students included introduction from Ms. Mariya Bogoslovskaya. Cultural part followed with 2 patriotic Kazakh songs by Ms. Nuray Saduakas. Kazakh dance by Ms. Nuray Saduakas and Ms. Inkar Rymbek. Kazakh traditional musical items – "Kui" on Kazakh Dombyra presented by Mr. Sunkar and Mr. Inkar Saduakas. Stories from the life Chhatrapati Shivaji Maharaj narrated by Dr. Elizaveta Sharonova. Hindi song "Vande Mataram" presented by Ms. Maira Praliyeva and Ms. Nurhanym Sayatkyzy. Finale of programme was Special Dance Tribute to Chhatrapati Shivaji Maharaj by SVCC Dance Performing Unit, which is highly appreciated by the audience. Programme followed by a reception to ensure feedback of audience about the event.	https://www.instagram.com/p/CeYsCueMxHE/ https://www.instagram.com/p/Cec2t9mgK6M/ https://www.instagram.com/p/CegINJoLmoi/ https://www.instagram.com/p/Cedot_hrVPj/
07.06.2022	23@Series of Yoga at AKTAU by Ms. Sharmila Devi Pedasingu for Yoga practitioners at the Sea Front of Caspian Sea in collaboration with "Salem-Namaste" Indian Ethno-Cultural Association in Mangystau Region.	https://www.instagram.com/p/CefOn75KAum/ https://www.instagram.com/p/CefXkA_qkzS/ https://www.instagram.com/p/Cefli4wKGGg/ https://www.instagram.com/p/CefnaTIKy70/ https://www.instagram.com/p/CegumSVrmKA/
07.06.2022	24@Series of Yoga Workshops at AKTAU by Ms. Sharmila Devi Pedasingu for Yoga practitioners at the Yessenov University Sport Complex in collaboration with "Salem-Namaste" Indian Ethno-Cultural Association in Mangystau Region	https://www.instagram.com/p/Cegvtjig_th/ https://www.instagram.com/p/Ceh4QdMoVRx/
07.06.2022	25@Series of Yoga at AKTAU by Ms. Sharmila Devi Pedasingu Master class with Yoga Studio led by Ksenia Belkina in collaboration with "Salem-Namaste" Indian Ethno-Cultural Association in Mangystau Region	https://www.instagram.com/p/Ceh46wOoui9/ https://www.instagram.com/p/Cei11XLlyOU/
07.06.2022	26@Series of Yoga by Ms. Bharti Thakur on Yoga for ARKALYK citizens in collaboration with Nataraja Yoga Studio led by Ms. Aigerim Ossipova	https://www.instagram.com/p/Ceizl7frcQ-/
07.06.2022	27@Series of Yoga Workshops at ARKALYK by Ms. Bharti Thakur on Yoga for Students of Nataraja Yoga Studio led by Ms. Aigerim Ossipova	https://www.instagram.com/p/Cei0HoElm_P/
08.06.2022	28@Series of Yoga Workshops at ARKALYK by Ms. Bharti Thakur on Yoga for Students of Nataraja Yoga Studio led by Ms. Aigerim Ossipova	https://www.instagram.com/p/CemRgpFLnQe/
08.06.2022	29@Series of Yoga Workshops at AKTAU by Ms.	https://www.instagram.com/p/CemSttvAYtC/

	Sharmila Devi Pedasingu for Yoga practitioners at the Yoga Studio of Ekaterina Kiryak in collaboration with "Salem-Namaste" Indian Ethno-Cultural Association in Mangystau Region.	
08.06.2022	30@Series of Yoga at AKTAU by Ms. Sharmila Devi Pedasingu for Yoga practitioners at the Sea Front of Caspian Sea in collaboration with "Salem-Namaste" Indian Ethno-Cultural Association in Mangystau Region.	https://www.instagram.com/p/Cekw9IPqSLi/ https://www.instagram.com/p/Cekzj9RK-TD/ https://www.instagram.com/p/Cek3UgKKccC/
08.06.2022	"Mangystau TV" channel media coverage of Series of Yoga Workshops at Aktau city by Ms. Sharmila Devi Pedasingu for Yoga teachers / enthusiasts / practitioners in collaboration with "Salem-Namaste" Indian Ethno-Cultural Association in Mangystau Region.	https://youtu.be/yIkD2JCErfo https://mangystautv.kz/ru/news/society/festival-iogi?fbclid=IwAR2o1L8ovsX7LXsl-Ex01Wr88dLR71w-xpd-zs5B_J-5PKuF5mISqr997cY https://www.instagram.com/p/CelZLrTq3NL/ https://www.instagram.com/p/CenlauMgLFp/
09.06.2022	31@Series of Yoga at ARKALYK by Ms. Bharti Thakur on Yoga for Students of Nataraja Yoga Studio led by Ms. Aigerim Ossipova	https://www.instagram.com/p/Cen50TcDUTu/
09.06.2022	32@Series of Yoga Workshops at Aktau by Ms. Sharmila Devi Pedasingu for Yoga practitioners at the Sea Front of Caspian Sea in collaboration with "Salem-Namaste" Indian Ethno-Cultural Association in Mangystau Region.	https://www.instagram.com/p/Ceiv1YYKxpl/ https://www.instagram.com/p/Cel26EeKCTW/ https://www.instagram.com/p/Cen61WLDhnx/
10.06.2022	33@Series of Yoga Workshops at Aktau by Ms. Sharmila Devi Pedasingu for Yoga practitioners at the Sea Front of Caspian Sea in collaboration with "Salem-Namaste" Indian Ethno-Cultural Association in Mangystau Region	https://www.instagram.com/p/CeoaOyXKwa2/ https://www.instagram.com/p/CeokWq0KUgq/ https://www.instagram.com/p/Ceon1UBK6sA/ https://www.instagram.com/p/CepWgb7qZEV/ https://www.instagram.com/p/CeqZ86lL3d/
10.06.2022	34@Series of Yoga Workshop by Ms. Sharmila Devi Pedasingu for Yoga instructors of Mangystau Oblast in Aktau in collaboration with @SalemNamaste	https://www.instagram.com/p/CerbZeCKpDG/ https://www.instagram.com/p/CereIU3qy5g/ https://www.instagram.com/p/CeqbKShrga-/
10.06.2022	35@Series of Yoga Workshop at ARKALYK by Ms. Bharti Thakur on Yoga for Students of Nataraja Yoga Studio led by Ms. Aigerim Ossipova	https://www.instagram.com/p/CelXeljKQIb/ https://www.instagram.com/p/CeqcCOLrsg0/
10.06.2022	36@Series of Yoga Workshop by Ms. Sharmila Devi Pedasingu for Yoga instructors of Mangystau Oblast in AKSHUKUR near Aktau city in collaboration with	https://www.instagram.com/p/CeqdFi9rjqm/
11.06.2022	IDY2022 celebrations in AKTAU - Yoga Protocol by Ms. Sharmila Devi Pedasingu for Yoga enthusiasts at the Sea Front of Caspian Sea, Aktau in collaboration with	https://www.instagram.com/p/CetZA5TKOrA/ https://www.instagram.com/p/CetcljgKzFx/ https://www.instagram.com/p/CetfKFNqzey/ https://www.instagram.com/p/Cethwnuqtig/ https://www.instagram.com/p/Ce5NcH9oeof/
11.06.2022	38@Series of Yoga Workshops at ARKALYK by Ms. Bharti Thakur on Yoga for Students of Nataraja Yoga Studio led by Aigerim Ossipova	https://www.instagram.com/p/CesuFr9jNA3/
11.06.2022	IDY-2022 in ARKALYK - Mr. Asanov Amirkhan Birkenovich, Mayor of Arkalyk city graced the occasion and spoke to local Yoga enthusiasts on this occasion. #CYP by Ms. Bharti Thakur for Yoga enthusiasts at the Zhiger Stadium in collaboration with Ms. Aigerim Ossipova	https://www.instagram.com/p/Ce5Rn8BKjOA/ https://www.instagram.com/p/Ce5UzuTqDI2/ https://www.instagram.com/p/Cetp_xVlel9/
12.06.2022	In collaboration with ICCR, a 20-Minute Talk on ""Bardoli Satyagraha" - A defining movement in the Indian Independence Struggle led by Sardar Patel will be delivered by Dr. Shobhana Radhakrishna marking the to remember the 94th Anniversary of Bardoli Satyagraha played a significant role in India's struggle for Independence.	https://www.instagram.com/p/Ceq-QdpjLfi/
13.06.2022	Mrs. Meenakashi Lekhi, Hon'ble Minister of State for External Affairs and Culture, at a CURTAIN RAISER EVENT, at the SVCC, NUR SULTAN, launched the IDY-2022 celebrations in Kazakhstan. Ambassador	https://www.instagram.com/p/CeutKHDIOsu/ https://www.instagram.com/p/Ceu19Z1f9C/ https://www.instagram.com/p/CevYrKZrYaK/ https://www.instagram.com/p/Cev609EsIPw/

	Shubhdarshini Tripathi also graced the occasion. Prominent Yoga experts and enthusiasts of Nur-Sultan were overwhelmed with the joining of Mrs. Lekhi in the Yoga Protocol Session at the event. While thanking and congratulating Kazakh people, Mrs. Lekhi highlighted that Yoga has helped people across the world to combat with the unprecedented pandemic that the human race has ever faced during the last two years. Mrs. Lekhi commended the tremendous support of Kazakh authorities, Yoga experts and people for the annual IDY celebrations in various cities.	https://www.instagram.com/p/Cev6_ojMbjE/ https://www.instagram.com/p/CewEGDkAath/ https://www.instagram.com/p/CexgZF5rTF/ https://www.instagram.com/p/Ceu64ialYA0/ https://www.instagram.com/p/Ceve6CLgyYe/
13.06.2022	40@Series of Yoga Workshops by Ms. Sharmila Devi Pedasingu for Yoga enthusiasts of URALSK city in collaboration with Ms. Margarita Buldakova led @HealthyLifestyleAcademy	https://youtu.be/eTrpQMg_Chw https://www.instagram.com/p/CewjGvGrMAK/
13.06.2022	Hon'ble MEA / MOC Mrs. Meenakashi Lekhi had fruitful discussions on further enriching cultural cooperation with Minister of culture and sports of RK Dauren Abayev. In the grand @ASTANAOPERA, the MoU on Cultural Exchange Program between two sides was signed.	https://www.instagram.com/p/CewD71KA16I/ https://www.instagram.com/p/CevcxgBrwPK/ https://www.instagram.com/p/Cex5ezgAdDx/ https://elorda.info/novosti-stolicy/18875-zhiteliam-stolitsy-raskryli-sekrety-iogi/ https://baq.kz/21-qalada-yoga-kuni-atap-otiledi-280642/ https://www.instagram.com/p/CeutKHDI0su/ https://www.instagram.com/p/Ceu19Z1f9C/ https://www.instagram.com/p/CevYrkZrYak/ https://www.instagram.com/p/CevcxgBrwPK/ https://www.instagram.com/p/Cev609EslPw/ https://www.instagram.com/p/Cev6_ojMbjE/ https://www.instagram.com/p/CewD71KA16I/ https://www.instagram.com/p/CewEGDkAath/ https://www.instagram.com/p/CexgZF5rTF/ https://www.instagram.com/p/Cev4t0GAmDj/ https://www.instagram.com/p/Cevpf7lZRY/ https://www.gov.kz/memleket/entities/mfa/press/news/details/387450?lang=kk https://www.gov.kz/memleket/entities/mcs/press/news/details/387478?lang=ru https://gurk.kz/news/razvitie-sotrudnichestva-v-sfere-zdravoohraneniya-obsudili-glavy-minzdrava-rk-i-midk-indii https://www.inform.kz/ru/kazahstan-i-indiya-zainteresovany-v-proektah-po-lokalizacii-farmproizvodstva-v-rk_a3943718 https://ustinka.kz/kazakhstan/economy/73939.html https://www.ortcom.kz/ru/novosti/1655110015
14.06.2022	43@Series of Yoga Workshops at SEMEY by Ms. Bharti Thakur on Yoga for Students of Yoga Studio led by Ms. Elena Vozovikova at Invictus Semey	https://www.instagram.com/p/CevZR3YKXup/ https://www.instagram.com/p/CfBIX3WK3ds/ https://www.instagram.com/p/Ce08TTxiEdb/
14.06.2022	44@Series of Yoga Workshops on Preliminary Yogic practices by Ms. Sharmila Devi Pedasingu for Yoga enthusiasts of URALSK city in collaboration with Ms. Margarita Buldakova led HealthyLifestyleAcademy	https://www.instagram.com/p/Ce089DGjaFQ/
15.06.2022	41&42@Series of Yoga Workshops on (1) stretching & balancing asanas (2) Yoga diet during Yoga practice by Ms. Sharmila Devi Pedasingu for Yoga enthusiasts of URALSK city in collaboration with Ms. Margarita Buldakova @Healthy Lifestyle Academy	https://www.instagram.com/p/CesAfHvq2Je/ https://www.instagram.com/p/Ce069hWjE0X/
15.06.2022	45@Series of Yoga Workshops at SEMEY by Ms. Bharti Thakur on Yoga for Students of Studio led by Ms. Elena Vozovikova at Invictus Semey	https://www.instagram.com/p/Ce2Z-bSo1X6/
15.06.2022	46@Series of Yoga Workshop on Preliminary Yogic practices by Ms. Sharmila Devi Pedasingu for Yoga enthusiasts of URALSK city in collaboration with Ms. Margarita Buldakova led HealthyLifestyleAcademy	https://www.instagram.com/p/Ce2a_sPlakH/
15.06.2022	47@Series of Yoga Workshop on Preliminary Yogic practices by Ms. Sharmila Devi Pedasingu for Yoga enthusiasts of URALSK city in collaboration with Ms. Margarita Buldakova led Healthy Lifestyle Academy	https://www.instagram.com/p/Ce20K-uD7nF/
16.06.2022	48@Series of Yoga Workshop by Ms. Sharmila Devi Pedasingu for Yoga enthusiasts of URALSK city in collaboration with Ms. Margarita Buldakova led Healthy Lifestyle Academy	https://www.instagram.com/p/Ce5t3fWDL2H/

16.06.2022	49@Series of Yoga Workshops by Ms. Sharmila Devi Pedasingu on Pragma yoga practice in Albina Yoga studio for Yoga enthusiasts of URALSK city in collaboration with Ms. Margarita Buldakova led Healthy Lifestyle Academy @wellness_guru_kz Embassy of India, Nur-Sultan	https://www.instagram.com/p/Ce6KglMjc5V/
16.06.2022	51@Series of Yoga Workshop at SEMEY by Ms. Bharti Thakur on Yoga for Students of Studio led by Ms. Elena Vozovikova at Invictus Semey	https://www.instagram.com/p/Ce6OtyKA8Gs/
17.06.2022	50@Series of Yoga Workshop by Ms. Sharmila Devi Pedasingu for Yoga enthusiasts of URALSK city in collaboration with Ms. Margarita Buldakova led Healthy Lifestyle Academy	https://www.instagram.com/p/Ce6M63MDaH7/
17.06.2022	52@Series of Yoga Workshop at SEMEY by Ms. Bharti Thakur on Yoga for Students of Studio led by Ms. Elena Vozovikova at @InvictusSemey	https://www.instagram.com/p/Ce9Jy4qrH7z/
18.06.2022	IDY-2022 celebrations in OSKEMEN with East Kazakhstan Regional Museum-Reserve. Common Yoga Protocol led by Ms. Peremitina Elena Nikolaevna, Certified Kundalini Yoga Teacher from Amritnam Sarovar Yoga enthusiasts at the Zhastar Park of Oskemen city attended the event	https://www.instagram.com/p/Ce9GWe8LNye/ https://www.instagram.com/p/Ce_KKodqb5r/?hl=en
18.06.2022	53@Series of Yoga Workshop at SEMEY by Ms. Bharti Thakur on Yoga for Students of Studio led by Ms. Elena Vozovikova at Invictus Semey	https://www.instagram.com/p/Ce9LiDbrmZA/
18.06.2022	IDY-2022 celebration in Almaty - Common Yoga Protocol on IDY-2022 celebrations in Almaty conducted by Mahatma Gandhi School - Lyceum	
18.06.2022	IDY-2022 celebration in Almaty - Common Yoga Protocol on IDY-2022 celebrations in Almaty conducted by Centre for Indian Classical Dances and Yoga, Almaty-Kazakhstan	https://www.instagram.com/p/CfTrMcutiWy/ https://www.instagram.com/p/CfJT6dodt9d/
19.06.2022	Pre-IDY event at SVCC premises. Open Master class by Dr. Gandhar Vishwas Mandlik and Dr. Prafullachandra Dorle on "Classical Asanas and its Physiology" conducted for Yoga enthusiasts of Nur-Sultan city	https://www.instagram.com/p/CfBxevfjR9p/ https://www.instagram.com/p/Ce5Glpmspt/
19.06.2022	IDY-2022 celebrations in PETROPAVL city. 1st time event conducted in the grand manner at the iconic Park of the First President of Kazakhstan. Common Yoga Protocol led by Ms. Iskaieva Daniya Arkarovna, Local resource person and yoga instructor and her yogateam.	https://www.instagram.com/p/CfDQKOrq0UU https://www.instagram.com/p/CfDjNBMN6q5 https://www.instagram.com/p/CfB70-PgQEw/ https://www.instagram.com/p/CfLZIW2AWK-/ https://www.instagram.com/p/CfLSTbFDHo/
19.06.2022	IDY-2022 celebrations in PAVLODAR city. Common Yoga Protocol led by Ms. Irina Maximenko, Local resource person and yoga instructor and her yogateam.	https://www.instagram.com/p/Cey7UGCO0ff
19.06.2022	19 June - IDY2022 celebrations in AKTOBE city. CYP led by Ms. Gulnur Uais, resource person and local Yoga instructors conducted the celebrations at the Park with the yoga enthusiasts of Aktobe city	https://www.instagram.com/p/CfB9LbyAa4t/
19.06.2022	19 June - IDY-2022 celebrations in URALSK city. Healthy Lifestyle Academy led by Ms. Margarita Buldakova conducted the celebrations at the Akzhalyk stadium with the yoga enthusiasts of Uralsk city.	https://www.instagram.com/p/CfQl_Y_gbgh/ https://www.instagram.com/p/Ce26OZtL5_7/ https://www.instagram.com/p/CfEOBWYguJE/
19.06.2022	54@Series of Yoga Workshop by Ms. Sharmila Devi Pedasingu for Yoga enthusiasts of AKSAY city in collaboration with Ms. Zarina Utegaliyeva	https://www.instagram.com/p/CfHgUYID4q9/
19.06.2022	55@Series of Yoga Workshop by Ms. Sharmila Devi Pedasingu for Yoga enthusiasts of AKSAY city in collaboration with Ms. Zarina Utegaliyeva	https://www.instagram.com/p/CfHgiN5jglL/
19.06.2022	IDY-2022 celebrations in TALDYKORGAN city. 1st time IDY celebrations conducted with participation of all Yoga studios in the city. Common Yoga Protocol led by Ms. Rita Bekenova, Head of Shanti Yoga studio conducted on Stadium of the Sports School of Local Akimate (КГУ СДЮШОР №1, г. Талдыкорган).	https://www.instagram.com/p/CfGj68OgbMZ/ https://www.instagram.com/p/CfGk4MaLIbm/

19.06.2022	IDY-2022 celebrations in OSKEMEN city of Kazakhstan - "108 rounds of SuryaNamaskar" led by Ms. Madina Duanova and the team of Yoga enthusiasts of Oskemen city	https://www.instagram.com/p/Cfg_4MgqQdQ/ https://www.instagram.com/p/CfhUGWQg8SZ/ https://www.instagram.com/p/CfjZ0ZPK-u6/ https://www.instagram.com/p/CfJb8yWgrx5/
19.06.2022	IDY-2022 celebration in ALMATY - 19 June 2022 at iconic First President Park. Thanks to Mayor Office, Almaty, Yoga Centres and Studios, people of Almaty, INCHAM and Indian Community	https://www.instagram.com/p/CfRhcXgAUg/ https://www.instagram.com/p/CfMoQ-7r7eF/
19.06.2022	IDY-2022 - ATYRAU University Football Ground - Chief Guest Ms. Laila Erbulatovna, Vice Rector, Atyrau University. Organizers and Sponsors - "RitmOil LLP" People enjoyed gift hampers, T shirts, Mats, refreshments	https://www.instagram.com/p/CfVjtX_lmTT/
20.06.2022	IDY-2022 celebrations in AKSAY - 56@Series of Yoga Workshop by Ms. Sharmila Devi Pedasingu for Yoga enthusiasts of AKSAY city in collaboration with Ms. Zarina Utegaliyeva	https://www.instagram.com/p/Ce4AHGAoHXI/ https://www.instagram.com/p/Ce5rBR2lqcG/ https://www.instagram.com/p/CfE_UJ2lqPz/ https://www.instagram.com/p/CfHg6tEjUWS/
20.06.2022	57@Series of Yoga Workshop by Ms. Sharmila Devi Pedasingu for Yoga enthusiasts of AKSAY city in collaboration with Ms. Zarina Utegaliyeva and Kundalini Yoga Teacher Mira Berdi	https://www.instagram.com/p/CfHhD64j9qb/
20.06.2022	58@Series of Yoga Workshop by Ms. Bharti Thakur on "Yoga for Disabled Persons" at the Paralympic Training Centre, Nur-Sultan	https://www.instagram.com/p/CfHhnLqD6i6/
21.06.2022	The 8th IDY2022 was celebrated at the Historical Grand @ASTANA OPERA Theatre, a masterly architecture created in 2013 in NUR-SULTAN. Over 600 yoga enthusiasts performed yoga in the presence of Ms. Shubhdarshini Tripathi, Ambassador of India in Kazakhstan, Ms. Azhar Giniyat, Minister of Healthcare and Mr. Yerzhan Erkinbayev, vice-minister of culture and sports.	https://www.instagram.com/p/CeXUc9tKZ1L/ https://www.instagram.com/p/CefCUu-qv1K/ https://www.instagram.com/p/CefCc-egb_2/ https://www.instagram.com/p/CehINLtgvyW/ https://www.instagram.com/p/CekM7p6K_Tv/ https://www.instagram.com/p/Cemwfo8qmlp/ https://www.instagram.com/p/Cepes2sqVm7/ https://www.instagram.com/p/CeycOvJr3w2/ https://www.instagram.com/p/Ce5MTQBI8AD/?igshid=YmMyMTA2M2Y%3D https://www.instagram.com/reel/CfDu0_FDMtA/?igshid=YmMyMTA2M2Y= https://www.instagram.com/p/CfEwb8QraTW/?igshid=YmMyMTA2M2Y= https://www.instagram.com/p/CfG7cskqvr8/ https://www.instagram.com/p/CfOaiPhqHY2/ https://www.instagram.com/p/CfObiy1KOQC/ https://www.instagram.com/p/CfQYt8Uqx8h/ https://www.instagram.com/p/Cff36VPKCSb/ https://www.instagram.com/p/CfDyMbWFMNm/ https://www.instagram.com/p/Ce4AHGAoHXI/ https://www.instagram.com/p/Ce5rBR2lqcG/ https://www.instagram.com/p/CfE_UJ2lqPz/ https://www.instagram.com/p/Cfg_4MgqQdQ/ https://www.instagram.com/p/CfhUGWQg8SZ/ https://www.instagram.com/p/CfjZ0ZPK-u6/ https://www.instagram.com/p/Ce5Glpmspt/ https://www.instagram.com/p/CfECN85jQI/ https://www.instagram.com/p/CfMkiWVs-hB/ https://www.instagram.com/p/CfRhcXgAUg/ https://www.instagram.com/p/CfYGSgGN0vG/ https://www.instagram.com/p/Ce5Rn8BKjQA/ https://www.instagram.com/p/Ce5UzuTqD1Z/
21.06.2022	IDY-2022 celebrations in NOVOISHIMSKOYE, North Kazakhstan oblast. 1st time event conducted to local yoga enthusiasts and Common Yoga Protocol led by Ms. Aigul Muratbekova, Local resource person and yoga instructor @rama_yoga_nursultan and her yogateam and studio.	https://www.instagram.com/p/Ce0KIZuNU5m/ https://www.instagram.com/p/CfMBwawAjNx/ https://www.instagram.com/p/CfVZLFaj1cQ/
21.06.2022	IDY-2022 - @ATYRAU Kumangazy State Cultural Palace. Thanks for support @ Akimate Office; Thanks @ H.E. Mr. Meyirim Zholamanuly Kalai, Akim, Atyrau; Thanks @ Ms. Dinara Nurasheva, Ms. Zhanbalayeva Ryszhan, Ms. Adilgaliyeva Zukhra	https://www.instagram.com/p/CfVqixKgZ6I/
22.06.2022	59@Series of Yoga Workshop on "Asanas for mental health by improving physical strength" by Ms. Sharmila Devi Pedasingu for Yoga enthusiasts of ATYRAU city	https://www.instagram.com/p/CfLISLzDCOy/
22.06.2022	63@Series of Yoga Workshop by Ms. Bharti Thakur for yoga enthusiasts of PETROPAVL city led by Ms. Iskaliyeva Daniya Arkarovna, Local resource person and yoga instructor	https://www.instagram.com/p/CfQYUJ-IGi6/ https://www.instagram.com/p/CfXFwsnA9fA/ https://www.instagram.com/p/CfUQO4-AEBk/
22.06.2022	64@Series of Yoga Workshop by Ms. Bharti Thakur for yoga enthusiasts of PETROPAVL city led by Ms. Iskaliyeva Daniya Arkarovna, Local resource person and yoga instructor	https://www.instagram.com/p/CfQYzBaogSQ/
23.06.2022	60@Series of Yoga Workshop on "Open Yoga Master class on Techniques for leg stretching" by Ms. Sharmila Devi Pedasingu for Yoga teachers of ATYRAU city	https://www.instagram.com/p/CfLK7RKol2h/
23.06.2022	61@Series of Yoga Workshop on "Open Yoga Master class on	https://www.instagram.com/p/CfN1EI3oags/

	Techniques for leg stretching" by Ms. Sharmila Devi Pedasingu for Yoga teachers of ATYRAU city	
23.06.2022	62@Series of Workshop on "Open Yoga Master class in YogaVAtyrau" of Ms Alia Kibasheva by Ms. Sharmila Devi Pedasingu for Yoga teachers of ATYRAU city	https://www.instagram.com/p/CfN3klpInIm/
24.06.2022	65@Series of Yoga Workshop on "Open Yoga Master class in YogaVAtyrau" of Ms Alia Kibasheva by Ms. Sharmila Devi Pedasingu for Yoga teachers of ATYRAU city	https://www.instagram.com/p/CfTEdQ1NUUS/ https://www.instagram.com/p/CfQoDemgw_p/
24.06.2022	66@Series of Yoga Workshop on "Open Yoga Master class in Yoga V Atyrau" of Ms Alia Kibasheva by Ms. Sharmila Devi Pedasingu for Yoga teachers of ATYRAU city	https://www.instagram.com/p/CfQqKEPrXNE/
25.06.2022	67&68@Series of Yoga Workshop on "Open Yoga Master class in Yoga Point" of Ms Dinara Seidakhmetova by Ms. Sharmila Devi Pedasingu for Yoga teachers of ATYRAU city on Ashtanga Yoga, Holistic Health and Yoga Diet	https://www.instagram.com/p/CfQqjmQLynv/
25.06.2022	IDY-2022 celebrations in SEMEY city. 1st time event conducted in the grand manner at the "Abay Arena" sports hall with huge gathering. Common Yoga Protocol led by Ms. Elena Vozovikova, Local resource person and yoga instructor @elena_yoga_semey and her yogateam. All participants enjoyed the event.	https://www.instagram.com/p/CfPKLHeKH97 https://www.instagram.com/p/CfPKYLuuQM0S https://www.instagram.com/p/CfQaJvXo8fN/ https://www.instagram.com/p/Cfg5LBnATFC/
25.06.2022	IDY2022 celebrations in Ekibastuz. Yoga enthusiasts of EKIBASTUZ led by Yoga Metod studio of Ms Polina Kiladze and Ms Dinara Tulegen conducted Common Yoga Protocol at the Central Park of Miners. All participants enjoyed the event. @yoga_metod	https://www.instagram.com/p/CfRkjinvoz5A/ https://www.instagram.com/p/CfSsDT9opgl/
26.06.2022	Open Yoga Master class at the Yoga Park of Nur-Sultan city	https://www.instagram.com/p/CfRLBQJLdgi/
26.06.2022	IDY-2022 @Kone TARAZ Open Square; thanks @Yoga and Ayurveda centre - Oxana Zvyagina; Thanks to local sponsors; Highlights - Common Yoga Protocol, Indian-Kazakh dance / music and gift hampers for participants	https://www.instagram.com/p/CfVuC3iAnSk/ https://www.instagram.com/p/CfKQaeswud/ https://www.instagram.com/p/CfXCYvtM6bS/ https://www.instagram.com/p/CfXn593DorV/ https://www.instagram.com/p/Cfb6TreA-1N/
26.06.2022	IDY-2022 @KOSTANAY, Nomad fitness club, thanks @Shaktidance studio Kostanay led by Ms Ainur Uteshova, Highlights - Common Yoga Protocol led by Ms Yulia Terentyeva, local yoga teacher	https://www.instagram.com/p/CfYAKxHICQt/
27.06.2022	69@Series of Yoga Workshop on "Yogic practices for Mental health by improving mental balance" by Ms. Sharmila Devi Pedasingu for Yoga teachers of ATYRAU city at YogaVAtyrau studio led by Ms. Aliya Kibasheva	https://www.instagram.com/p/CfbgSPQLMD-/
27.06.2022	70@Series of Yoga Workshop on "Yoga Workshop for improving the balance between between body and mind" by Ms. Sharmila Devi Pedasingu for Yoga teachers of ATYRAU city at YogaVAtyrau studio led by Ms. Aliya Kibasheva	https://www.instagram.com/p/CfbgqWyremy/
29.06.2022	71@Series of Yoga Workshop on Yoga by Ms. Sharmila Devi Pedasingu for Yoga teachers of ATYRAU city at Rodnik studio led by Ms. Kristina Faizova	https://www.instagram.com/p/Cfg57JEj3tJ/
29.06.2022	72@Series of Yoga Workshop on Yoga by Ms. Sharmila Devi Pedasingu for Yoga teachers of ATYRAU city at Rodnik studio led by Ms. Kristina Faizova	https://www.instagram.com/p/Cfg7D2zsynn/